

Personal details

Dr. Noemi Tari-Keresztes (maiden name: Noemi Keresztes)

Skype: ricsinomi

Email: noisyka1980@gmail.com, noemi.tarikeresztes@gmail.com, noemi.tari-keresztes@um.edu.mt

Summary of skills and abilities

- Highly motivated and qualified with more than 10 years social researching, supervising and teaching experience
- Extended experience in sociology and other social science fields regarding youth's health
- Ability to work with minimal or no supervision
- My strengths are: strong planning and managing skills, goal oriented attitude with leading and supervising capability (BSc, MA and PhD students) accompanied by gaining research fund experience
- Extended research skills as a sociologist and behavioral scientist: quantitative methods (survey), study design, data collecting, data processing, project management, academic publication and presentation
- Proficiency in computer operating and statistical program (SPSS)
- Competence in applying study results in practice

Education

Years	Course	Provider
2004-2007	Full time PhD student Psychology (PhD degree, 2009)	Semmelweis University, Budapest, Hungary <i>Thesis title: Youth' leisure time physical activity behavior from behavioral science view</i>
1999-2004	Sociology (MA)	University of Szeged, Szeged, Hungary

Relevant training

Years	Course	Provider
2006	Williams Life Skills Facilitator (certificate)	Selye János Hungarian Society of Behavioral Medicine and Behavioral Sciences

Other

Years	Course	Provider
2017	Skill assessment (Social Professional nec)	Vetassess
2016	7.0 IELTS exam (general) (<i>R:7.5, S:7.0, W:7.0, L:7.0</i>)	British Council
2015	Skill assessment (university lecturer)	Vetassess
2007	Italian exam (beginner)	Origo Exam

Employment history

03/2018 – current

Research support officer I. (part time) – University of Malta, Island and Small States Institutes, *Msida, Malta*

02/2018 – current

Research support officer II. (part time) – University of Malta, Centre for Resilience and Socio-Emotional Health, *Msida, Malta*

06/2016 – 02/2018

Freelancer (self employed): Content writer, assistant counselor (education), administrator and social science researcher – Kelabit Kft. (Irány Ausztrália), *Budapest, Hungary*

05/2014 – current

PhD supervisor – University of Pecs, *Pecs, Hungary*

09/2004 – current

Research team member – University of Szeged, Institute of Behavioral Sciences, *Szeged, Hungary*

09/2013 - 08/2016

Visiting researcher – UNSW Australia, Centre for Social Research in Health, *Sydney, Australia*

09/2010 - 08/2016

Assistant professor - University of Szeged, Faculty of Education, Institute of Physical Education and Sport Sciences, *Szeged, Hungary*

09/2013 - 02/2015

Postdoctoral Researcher - University of Szeged, Faculty of PE and Sport Sciences, *Szeged, Hungary*

09/2005 - 05/2010

Part time lecturer - University of Szeged, Faculty of Education, Institute of Physical Education and Sport Sciences, *Szeged, Hungary*

2007 – 2011

Co-founder and volunteer - DARE Non-profit Association (Youth Health), *Szeged, Hungary*

Projects

Funding agency	Investigators	Project title	Years of funding
OTKA MTA Bolyai J	Bettina Piko Zsuzsanna Pluhar Noemi Keresztes	“Physical activity, leisure time activity and value preferences”	2003
OTKA ETT MTA Bolyai J.	Bettina Piko Noemi Keresztes	“Sport and health”	2004
OTKA	Bettina Piko Noemi Keresztes Zsuzsanna Pluhar Judit Bak	“Youth’s lifestyle in the Southern-Plain Region of Hungary”	2004
OTKA	Bettina Piko Laszlo Brassai Noemi Keresztes Jennifer Unger	“Health behaviors and cultural values (cross cultural study)”	2005
OTKA	Bettina Piko Noemi Keresztes Frederick X. Gibbons Randy Page Charles D. Spielberger	“Social images (prototypes) in sport and social influences”	2005
DARE civil association	Noemi Keresztes Judit Bak Richard Tari Kornel Guti	“Orphan youth’s lifestyle”	2006
	Joanne Gerrits Ross O’Hara Bettina Piko Frederick Gibbons Denis de Ridder Noemi Keresztes Shanmukh Kamble John de Wit	“Eater images (cross cultural study)”	2007

	Aniko Palinkás Noemi Keresztes	“University students’ lifestyle”	2008
TAMOP	Ferenc László Gabor Kiss Noemi Keresztes Nora Szilágyi Balazs Kiss Zsofia Razso	“Lifestyle, social background and motivation among voluntary people in organized sport program”	2009
Balassi Institute	Virag Horvath Noemi Keresztes	“University students’ lifestyle in Serbia”	2010
Different fellowships for young scientist	Gabor Horvath Noemi Keresztes	“PE teachers’ lifestyle, evaluation and social support”	2011
University of Szeged	Marianna Tandari-Kovacs Noemi Keresztes Eszter Kovacs	“WLS training and its effects”	2012
National Talent Program	Noemi Keresztes	“University students’ social images about physical activity and social influence” (A2-MZPD-12-0294)	2013
Hungarian School of Sport Federation	Laszlo Revesz Tamas Csanyi et al Noemi Keresztes	TAMOP 3.1.13.-12-2013-0001	2014
	Noemi Keresztes John de Wit Philippe Adam Bettina Piko	“Sexual health behavior among Hungarian university students”	2015
TAMOP	Laszlo Revesz et al Noemi Keresztes	TAMOP-4.2.6-15/1-2015-0006	2015
	Virag Horvath Noemi Keresztes	“Conflict Management among volleyball players”	2016
	Dora Barabasne Karpati Noemi Keresztes	Leisure time physical activity among university students i	2016-17

Membership

- Hungarian Sport Science Association
- Selye János (Hans Selye) Hungarian Society of Behavioral Medicine and Behavioral Sciences

Editorial contributions

Ad hoc Reviewer:

- Sport and Exercise Psychology
- Collegium Anthropologicum
- International Journal of Psychology and Counselling
- Mentalhigiéne és Pszichoszomatika (Hungarian Journal – Mental Health and Psychosomatic)
- Hungarian Review of Sport Science (Hungarian Journal)

Supervised PhD student

Nora Szilágyi
Gabor Horvath
Aniko Palinkas

Supervised student’s prizes and grants

Student name	Thesis title	Prize	Year
Aniko Palinkas Andrea Tóth (BSc students)	University students’ health behaviors	local I.	2009
Renata Racz (BSc student)	Social background of voluntary people at an organized sport program	local I.	2010
Viragh Horvath (BSc student)	Health behaviors and psychosocial health among University students in Serbia	local II.	2010.
Razso Zsofia Tamas Bondor (BSc students)	Nurtition habits and psychosocial health among voluntary people at an organized sport program	local II. + national special prize	2010.

Razso Zsofia (MA student)	Sportmotivation and anxiety among volunteers at an organized sport program	national I.	2013.
Aniko Palinkas (MA student)	University students' health behaviors and competitiveness in Szeged	local I. + national III.	2012. 2013.
Gabor Horvath (BSc student)	Evaluation of PE teachers, social support and lifestyle	national I. + Rigler prize	2013.
Gabor Horvath (MA student) Norbert Horvath (BSc student)	PE teachers in the light of competence and social support	local I.	2014.
Fanni Hegyi (MA student)	Motivational background of tattoo among elit sportmen	local II. prize	2014.
Gabor Horvath (MA student)	Evaluation of PE teachers, social support and lifestyle	Sófi Fellowship	2016.

Medals, prizes

2003: Scholarship of Republic

2004: III. prize of Hungarian Academy of Sciences, Committee of Szeged

2004: The 16th International Congress on Sport Science for Students) – special prize

2006: Travel grant to the conference of EPHS in Warsaw

2006: Travel grant to the conference of ISUH in Amsterdam

2006: III. prize of Hungarian Academy of Sciences, Committee of Szeged

2007: III. prize of Hungarian Academy of Sciences, Committee of Szeged

2011-2012: Tutorial fellowship Balassi Institute

2012-2013: University of Szeged, Department of Pedagogy- research grant

2012-2013: Tutorial fellowship Balassi Institute

2013: Hungarian Sport Science Association travel grant

2013: Hungarian Sport Science Association publication prize

2013-2014: Magyary Zoltán Postdoctoral fellowship (16 months)

2014: Campus Hungary long-term mobility fellowship, Sydney, UNSW (6 months)

2014: University of Szeged travel grant

2014: Hungarian Sport Science Association travel grant

Interest

(Youth's) Physical activity behavior

Sexual health among young adults

Behavioral science

Sociology of Sport

Socio-demographics and socio-cultural differences

Socio-demographics and socio-cultural differences

Psychological and psychosocial health

Health Sociology

Academic achievements

Hungarian Scholarly Books: 1

Hungarian Scholarly Book Chapters: 11

English Scholarly Book Chapters: 5

Hungarian Refereed Journal Articles: 30

English Refereed Journal Articles: 10

Conference papers or posters: 18 (and many Hungarian ones)

PUBLICATIONS:

Hungarian Scholarly Books:

1. Pikó, B., & Keresztes, N. (2007). *Sport, soul and health*. Budapest: Akadémiai Kiadó (in Hungarian)

Hungarian Scholarly Book Chapters:

1. Keresztes, N. (2005). Youth and sport. In: B. Pikó (Eds.), *Youth, risk behaviors and health in the modern society* (pp.184-199). Budapest: Nemzeti Drogmegelőzési Intézet, L'Harmattan Kiadó (in Hungarian)
2. Pikó, B., Keresztes, N., & Bak, J. (2008). Health conscious attitude among adolescence from socialpsychology view. In: M. Kopp (Eds.), *Magyar lelkiállapot. Esélyerősítés és életminőség a mai magyar társadalomban* (pp. 497-504). Budapest: Semmelweis Kiadó (in Hungarian)
2. Mikulán, R., Keresztes, N., & Pikó, B. (2010). Sport as a protective factor. In: B. Pikó (Eds.), *Védőfaktorok nyomában. Káros szenvedélyek megelőzése és egészségfejlesztés serdülőkorban* (pp. 115-130). Budapest: Nemzeti Drogmegelőzési Intézet (in Hungarian)
3. Pikó, B., & Keresztes, N. (2010). Adolescents' health behavior in the light of social coping mechanisms. In: B. Pikó (Eds.), *Védőfaktorok nyomában. Káros szenvedélyek megelőzése és egészségfejlesztés serdülőkorban* (pp. 103-114). Budapest: Nemzeti Drogmegelőzési Intézet (in Hungarian)
4. Keresztes, N. (2014). School aged children's lifestyle and health promotion. In: L. Révész L. & T. Csányi (Eds.), *Tudományos alapok a testnevelés tanításához I. Szemelvények a testnevelés, a testmozgás és az iskolai sport tárgyköréből. Társadalom – természet- és orvostudományi nézőpontok.* (pp. 137-176). Budapest: Magyar Diáksport Szövetség (in Hungarian)
5. Keresztes, N., & Fejes, Zs (2014). Social and physical environment of physical activity. In: Perényi Sz. (Eds.), *A mozgás szabadság! A szabadidősport társadalmi, gazdasági és egészségügyi megközelítései 111-125.o.* Debrecen (in Hungarian)
6. Pálincás, A., & Keresztes, N. (2014): Competitiveness, psychosocial health and conflict management. In: Sz. Perényi (Eds.), *A mozgás szabadság! A szabadidősport társadalmi, gazdasági és egészségügyi megközelítései 168-183.* Debrecen (in Hungarian)
7. Horváth, G., & Keresztes, N. (2014): Role of family, peers and PE teacher in healthy lifestyle. In: Sz. Perényi (Eds.), *A mozgás szabadság! A szabadidősport társadalmi, gazdasági és egészségügyi megközelítései. 154-167. o.* Debrecen (in Hungarian)
8. Rázsó, Zs, & Keresztes N. (2014). Competitive sport motivation and conflict management. In: Sz. Perényi (Eds.), *A mozgás szabadsága! A szabadidősport társadalmi, gazdasági és egészségügyi megközelítései, 184-195.,* Debrecen (in Hungarian)
9. Keresztes, N., Szilágyi, N., Pálincás, A., Rázsó, Zs., Horváth, G., Horváth, V., & Kiss, B. (2014): Lifestyle researches from preadolescence to adulthood. In: Balogh L, Gáldi G, Molnár A, Györi F, Alattyányi I (szerk.) *Sokszínű sporttudomány: Sportszakmai tanulmány- és szakcikk gyűjtemény Szeged: Szegedi Tudományegyetem Juhász Gyula Pedagógusképző Kar 2014. 76-88 p.* (László Ferenc Sporttudományi Kutatóműhely; 2. (in Hungarian)
10. Keresztes, N. (2014): Sporty friends, sporty life? In: A. Novák, R. Rózsa (Eds.), *Kihívások és lehetőségek – Tanulmányok a társadalomtudományok tárgyköréből, Vajdasági Magyar Doktoranduszok és Kutatók Szervezete, Szabadka, 123–137.* (in Hungarian)

English Scholarly Book Chapters:

1. Pikó, B., & Keresztes, N. (2007). The Role of Social Coping Mechanisms in Adolescent Health Behavior. In: T. C. Rhodes (Eds.), *Focus on Adolescent Behavior Research* (pp. 157-170). New York: NOVA Science Publishers
2. Pikó, B., Pluhár, Zs. F., & Keresztes, N. (2007). Psychology of Motivational Structure of Early Adolescents' Physical Activity Behavior. In: L. A. Chiang (Eds.), *Motivation of Exercise and Physical activity* (pp.53-66). New York: NOVA Science Publishers
3. Keresztes, N., & Pikó, B. (2008). Early Adolescent Girls' Psychosocial Health in the Light of Their Sports Activity Behavior. In: J. P. Coulter (Eds.), *Progress in Exercise and Women's Health Research* (pp. 255-269). New York: NOVA Publishers
4. Szilágyi, N., Keresztes, N., Rázsó, Zs., Kiss, B., & Varga, Cs. (2013). Sporting habits and sport motivation among volunteers in Hungary. In: D. Madic (Eds.), *3rd International Scientific Conference. Exercise and quality of life* (523-529). Novi Sad: University of Novi Sad
5. Keresztes, N., Pikó, B., Pálincás, A., Horváth, V., & Fülöp, M. (2013). Structure and features of Competitiveness Index. In: D. Madic (Eds.), *3rd International Scientific Conference. Exercise and quality of life* (pp. 489-495). Novi Sad: University of Novi Sad

Hungarian Refereed Journal Articles:

1. Pluhár, Zs., Keresztes, N., & Pikó, B. (2003). Healthy mind in healthy body. *Magyar Sporttudományi Szemle*, 2, 29-33. (in Hungarian)
2. Keresztes, N., Pluhár, Zs., & Pikó, B. (2003). Physical activity level and sporting habits among primary school students. *Magyar Sporttudományi Szemle*, 4, 43-47. (in Hungarian)
3. Pluhár, Zs., Keresztes, N., & Pikó, B. (2004). Regulate physical activity and psychosomatic symptoms. *Sportorvosi Szemle*, 4, 285-300. (in Hungarian)
4. Pikó, B., Pluhár, Zs., & Keresztes, N. (2004). Sportmotivation structure among youth. *Alkalmazott Pszichológia*, 3, 40-54. (in Hungarian)

5. Bak, J., Keresztes, N., & Pikó, B. (2004). Role of sport in forming health consciousness. *Magyar Sporttudományi Szemle*, 2-3, 38 -42. (in Hungarian)
6. Keresztes, N., Pluhár, Zs., Vass, I., & Pikó, B. (2004). Comparative study on health behaviors and psychosocial health. *Erdélyi Pszichológia Szemle*, 3, 187 – 204. (in Hungarian)
7. Keresztes, N., Pluhár, Zs., Vass, I., & Pikó, B. (2005). Sporting habits and sportmotivation factors – comparative study. *Egészségfejlesztés*, 1-2, 11-18. (in Hungarian)
8. Keresztes, N., Pluhár, Zs., & Pikó, B. (2005). Social influences on adolescents' physical activity. *Mentálhigiéné és Pszichoszomatika*, 1, 35 – 51.
9. Keresztes, N., Makó, M., Klembucz, E., Hanusz, K., & Pikó, B. (2005). Comparative epidemiological study on risk behaviors. tényezők összehasonlító epidemiológiai vizsgálata a Dél-alföldi ifjúság körében. *Magyar Epidemiológia*, 3, 195-208. (in Hungarian)
10. Keresztes, N., & Pikó, B. (2005). Comparative epidemiological study on psychosocial health factors. *Magyar Epidemiológia*, 3, 217-228. (in Hungarian)
11. Keresztes, N., & Pikó, B. (2006): Value orientation and psychosocial health among high school students in the light of PA. *Egészségfejlesztés*, 4, 19-28. (in Hungarian)
12. Pikó, B., & Keresztes, N. (2006). Psychosomatic symptoms as health indicators – behavioral study. *Orvosi Hetilap*, 18, 819-825. (in Hungarian)
13. Keresztes, N., & Pikó, B. (2006). Sociodemographic background of youth's physical activity. *Magyar Sporttudományi Szemle*, 1, 7-12. (in Hungarian)
14. Brassai, L., Pikó, B., Keresztes, N., & Unger, J. B. (2006). Cultural values among university students. *Pszichológia*, 3, 265-274. (in Hungarian)
3. Keresztes, N., Pluhár, Zs., & Pikó, B. (2006). Youth's lifestyle and health in the light of their residence. *Új Pedagógiai Szemle*, 6, 36-47. (in Hungarian)
15. Brassai, L., Pikó, B., Keresztes, N., & Unger, J. B. (2006). Comparative study on health risk behaviors. *Erdélyi Pszichológiai Szemle*, 4, 311-326. (in Hungarian)
16. Brassai, L., Pikó, B., Keresztes, N., & Unger, J. B. (2007). Problem behavior from cultural aspect. *Alkalmazott Pszichológia*, 1, 31-45. (in Hungarian)
17. Pikó, B., & Keresztes, N. (2007). Health behaviors in the light of social coping mechanisms. *Magyar Pszichológiai Szemle*, 2, 203-214. (in Hungarian)
18. Pluhár, Zs., Keresztes, N., Uzzoli, A., & Pikó, B. (2007). Representation of regular PA among 9-11 year old students. *Magyar Sporttudományi Szemle*, 1, 11-18. (in Hungarian)
19. Keresztes, N., & Pikó, B. (2007). Role of social behavior in sporting prototype perception. *Alkalmazott Pszichológia*, 3-4, 146-160. (in Hungarian)
20. Keresztes, N., & Pikó, B. (2008): Youth's dieting and sporting habits. *Magyar Sporttudományi Szemle*, 1, 14-19. (in Hungarian)
21. Pikó, B., & Keresztes, N. (2008). Diet control among high school students. *Mentálhigiéné és Pszichoszomatika*, 2, 149-164. (in Hungarian)
22. Pikó, B., & Keresztes, N. (2008). Dieting habits among high school students. *Egészségfejlesztés*, 1-2, 9-15. (in Hungarian)
23. Pikó, B., & Keresztes, N. (2008). Prototype perception on healthy and unhealthy dieting. *Pszichológia*, 28, 287-299. (in Hungarian)
24. Szatmári, Z., Tari-Keresztes, N., Pálincás, A., & Tóth, A. (2011). University students' lifestyle in the light of sport recreation. *Rekreáció*, 1, 8-12. (in Hungarian)
25. Keresztes, N., Pálincás, A., & Horváth, V. (2014). Health behaviors, psychosocial health and competitive behavior among Hungarian and Serbian youth. *Magyar Sporttudományi Szemle*, 1, 34-45. (in Hungarian)
26. Keresztes, N., Szilágyi, N., Horváth, G. (2014): University students' social network and sporting habits. *Magyar Sporttudományi Szemle*, 4, 8-13. (in Hungarian)
27. Keresztes, N. (2015): Active and inactive students' social network. *Létünk*, 1, 131-146. (in Hungarian)
28. Keresztes, N. (2015). Social images on physically active peers among university students. *Magyar Sporttudományi Szemle*, 1, 4-14. (in Hungarian)
29. Barabasne, K. D & Keresztes, N. (2017). Subjective well-being and sporting habits among university students. *Magyar Sporttudományi Szemle*, 1, 4-9.

English Refereed Journal Articles:

1. Pikó, B., Keresztes, N., & Pluhár, Zs. (2006). Aggressive behavior and psychosocial health among children. *Personality and Individual Differences*, 40, 885-895.
2. Pikó, B., & Keresztes, N. (2006). Physical activity, psychosocial health and life goals among youth. *Journal of Community Health*, 2, 136-145.
3. Pikó, B., & Keresztes, N. (2007). Self – perceived health among early adolescents: The role of psychosocial health. *Pediatrics International*, 49, 577-583.
4. Keresztes, N., Pikó, B., Pluhár, Zs., & Page, R. M. (2008). Brief report: Social influences in leisure time sport activity among early adolescents. *The Journal of Royal Society for Promotion of Health*, 1, 21-25.
5. Pikó, B., & Keresztes, N. (2008). Sociodemographic and socioeconomic variations in leisure time physical activity in a sample of Hungarian youth. *International Journal of Public Health*, 53, 306-310.
6. Keresztes, N., Piko, B., Gibbons, F.X., & Spielberger C.D. (2009). Do high and low active adolescents have different prototypes of physically active peers? *The Psychological Record*, 59, 39-52.

7. Gerrits, J.H., O'Hara, R.E., Piko, B.F., Gibbons, F.X., de Ridder D.T.D., Keresztes, N., Kamble, S.V., & de Wit J.B.F. (2010). Self-control, diet concerns and eater prototypes influence fatty foods consumption of adolescents in three countries. *Health Education Research*, 6, 1031-1041
8. Kovacs, E., Piko, B., & Keresztes, N. (2014). The interacting role of physical activity and diet control in Hungarian adolescents' substance use and psychological health. *Substance Use & Misuse*, 49, 1278-1286.
9. Keresztes, N., Pikó, B.F., Fülöp, M. (2015): Does competitiveness count? The role of competitive attitude in health risk and preventive health behaviors. *European Journal of Mental Health*, 1, 44-61.
10. Keresztes, N. (2015): Social images about physically inactive peers. *Létünk*, 1, 147-160.

Important International Conference Papers or Posters:

1. Satellite of the 8th International Congress of Behavioural Medicine, 29-31. August, 2004. Budapest, Hungary
2. 7th European Sociological Association Conference, 9-12. September, 2005. Torun, Poland
3. 1st Symposium of the Central Eastern European Behavioural Medicine Network, 14-16. October, 2005. Targu-Mures, Romania
4. 11th Annual Congress of the European College of Sport Science, 5-8. July, 2006. Lausanne, Switzerland
5. 21th Conference of the European Health Psychology Society, 29 August – 02 September, 2006. Warszawa, Poland
6. 7th European Conference on Health promotion and Health Education, 18-21. October, 2006. Budapest, Hungary
7. 5th International Conference on Urban Health, 25-28. October, 2006. Amsterdam, Netherlands
8. American Psychosomatic Society, 65th Annual Scientific Conference, 7-10. March, 2007. Budapest, Hungary
9. 22th Conference of the European Health Psychology Society, 15-18. August, 2007. Maastricht, Netherlands
10. 1st Conference of the Central and Eastern European Society of Behavioral Medicine, 20-22. August, 2007. Pécs, Hungary
11. 8th Conference of the European Sociological Association, 3-7. September, 2007. Glasgow, United Kingdom
12. 12th International Sport Sciences Congress. 12-14. December, 2012. Denizli, Turkey
13. 3rd Scientific Conference. Exercise and Quality of Life. 12-13 April, 2013. Novi sad, Serbia
14. 11th European Sociological Association Congress, 28-31 August, 2013, Torino, Italy
15. ISSBD Regional Workshop, Budapest, 12-14. September, 2013. Budapest, Hungary
16. 4th International Conference. Sport Science and Health. 14. March, 2014. Banja Luka, Bosnia
17. British Sociological Association Annual Conference, 23-25. April, 2014. Leeds, United Kingdom
18. Social Research Conference on HIV, Viral Hepatitis & Related Diseases, 31 March-1 April, 2016. Sydney, Australia
19. Hungarian Psychosomatic Maternity and Gynaecology Congress, 28-29 October, 2016. Szeged, Hungary
20. IV. Young Sport Scientist Congress, 03. December, 2016, Budapest, Hungary
21. XIV. Sport Science Congress, 1-3 June, 2017, Pécs, Hungary
22. XV. Behavioral Science Days, 8-9 June, 2017, Budapest, Hungary